

# 1988 Region 7A Girls Championship at UMD, Duluth on Saturday, June 3rd

**Teams:** Hinckley 62, Deer River 50, Hermantown 50, McGregor 41, Carlton-Wrenshall 29, Rush City 28, Barnum 24, Grand Marais 24, Pine City 24, Mesabi East 22, Cromwell 20, Silver Bay 20, Duluth Marshall 16, Eveleth-Gilbert 13, Greenway 12.5, East Central 9, Ely 9, Chisholm 8, Two Harbors 7, Taylors Falls 6.5, Bigfork 6, Cook-Orr 4, Esko 4, Nashwauk-Keewatin 3 AlBrook 2, Northand-Remer 1, Moose Lake-Willow River 1.

## 100

- 1 Sarah Holm, Herm 12.75
- 2 Heidi Krueger, DR 12.88
- 3 Abby Hanson, Hin 13.08
- 4 Rachel Callahan, C-W 13.16
- 5 Cheryl Mohn, PC 13.19
- 6 Kathy Williams, Grwy 13.20

## 200

- 1 Patty Wilson, SB 26.23
- 2 Molly Moulton, RC 26.90
- 3 Michelle Lange, GM 26.91
- 4 Janae Opatz, RC 27.26
- 5 Shannon LaCount, ME 27.48
- 6 Kathy Williams, Grwy 27.84

## 400

- 1 Patty Wilson, SB 59.74
- 2 Abby Hanson, Hin 59.97
- 3 Sue Schneider, McG 60.48
- 4 Molly Moulton, RC 60.66
- 5 Shannon LaCount, ME 61.63
- 6 Theresa Osbourne, RC 61.66

## 800

- 1 Gina DeWitt, DR 2:20.6
- 2 Becky Sunnarborg, Chis 2:21.1
- 3 Julie Wickstrom, Bar 2:25.3
- 4 Karen Laspi, Herm 2:28.1
- 5 Tarah Mattson, TH 2:28.2
- 6 Shelly Mortenson, Ely 2:28.8

## 1600

- 1 Jessica Dart, Crom 5:25.8
- 2 Sara Nelson, Hin 5:29.1
- 3 Katie McGee, DM 5:31.5
- 4 Shannon O'Neal, ME 5:34.0
- 5 Alicia Moe, E-G 5:34.5
- 6 Susan Hintsala, N-K 5:36.6

## 3200

- 1 Katie McGee, DM 11:48.4
- 2 Rachel Hanson, Hin 12:10.8
- 3 Kristee Alm, Hin 12:17.1
- 4 Brenda Grussendorf, Esko 12:20.6
- 5 Susan Hintsala, N-K 12:29.3
- 6 Shannon O'Neal, ME 12:32.9

## 100 Hurdles (33")

- 1 Alison Miller, McG 16.40
- 2 Sarah Louvar, Hin 16.87
- 3 Kristin Forte, E-G 16.98
- 4 Tara Loew, EC 17.72
- 5 Elissa Cahoon, Crom 17.92
- 6 Faith Mantty, ML-WR 18.09

## 300 Hurdles (30")

- 1 Alison Miller, McG 48.45
- 2 Tracy Berntsen, Herm 49.69
- 3 Angie Chernugal, BF 50.68
- 4 Heather Derksen, C-O 50.70
- 5 Shelly Ginole, AIB 52.10
- 6 Tara Sauter, C-W 52.24

## 4x100 Relay

- 1 Hermantown 52.32 (Holm, Bernsten, Riddle, Opland)
- 2 Deer River 52.57
- 3 Greenway 53.08
- 4 Pine City 53.10
- 5 Mesabi East 54.10
- 6 Two Harbors 54.14

## 4x200 Relay

- 1 Pine City 1:51.66 (Sear, DeLak, Koppen, Mohn)
- 2 Grand Marais 1:52.38
- 3 Deer River 1:52.93
- 4 Hermantown 1:52.94
- 5 Greenway 1:55.26
- 6 Eveleth-Gilbert 1:56.55

## 4x400 Relay

- 1 Rush City 4:06.7 (Opatz, Cardinal, Moulton, Osbourne)
- 2 Hermantown 4:09.8
- 3 McGregor 4:14.0
- 4 Eveleth-Gilbert 4:18.3
- 5 Deer River 4:20.3
- 6 Mesabi East 4:21.9

## 4x800 Relay

- 1 Hinckley 9:57.9 (Best, R Hanson, Nelson, A Hanson)
- 2 Ely 10:06.3
- 3 Hermantown 10:08.1
- 4 Two Harbors 10:11.2
- 5 Barnum 10:24.1
- 6 Northland-Remer 10:24.7

## Shot Put

- 1 Marnie Hedin, C-W 36-2
- 2 Tonia Fleischauer, Bar 35-6.75
- 3 Lora Hilger, TF 33-4.5
- 4 Christy Risberg, DR 32-0
- 5 Heidi Krueger, DR 30-11
- 6 Greta Swanson, RC 30-3.75

## Discus Throw

- 1 Marnie Hedin, C-W 124-7
- 2 Tonia Fleischauer, Bar 118-8
- 3 Kerry Saarela, ME 113-4
- 4 Holly Hedin, C-W 103-3
- 5 Shanie Hahn, Grwy 103-1
- 6 Tracy Headley, McG 101-3

## Long Jump

- 1 Christy Risberg, DR 16-10.25
- 2 Abby Hanson, Hin 16-6
- 3 Erica Delak, PC 16-2.25
- 4 Tina Lilmatta, ME 15-10
- 5 Heidi Delak, PC 15-8
- 6 Sue Schneider, McG 15-4.5

## High Jump

- 1 Molly Sommersness, GM 5-1
- 2 Tina Rosbacka, Crom 5-0
- t3 Chrissy Elf, McG 4-8
- t3 Deayna Nelson, EC 4-8
- t3 Holly Pickles, ?? 4-8
- t6 Kelly Terryll, TF 4-8
- t6 Kari Fullere, Grwy 4-8

\* Ties Meet Record

\*\* New Meet Record

Notes: